

## IMP - Impetigo

### IMP-DP      DISEASE PROCESS

**OUTCOME:** The patient/family will understand the disease process, transmission and causative agent of impetigo.

#### **STANDARDS:**

1. Explain that impetigo is a skin infection that may be caused by the streptococcus or staphylococcus germs and can spread from one place to another on the body.
2. Explain that impetigo may follow superficial trauma with a break in the skin; or the infection may be secondary to pediculosis, scabies, fungal infections, or insect bites.
3. Explain that itching is common and scratching may spread the infection.
4. Describe what to look for:
  - a. Lesions with a red base and a honey or golden-colored crust or scab
  - b. Disease may occur anywhere on the skin (arms, legs, and face are the most susceptible)
  - c. Lesions may be itchy
  - d. Lesions may produce pus

### IMP-FU      FOLLOW-UP

**OUTCOME:** The patient/family will understand the importance of follow-up in the treatment of impetigo.

#### **STANDARDS:**

1. Discuss the importance of follow-up care.
2. Discuss the procedure for obtaining follow-up appointments and that follow-up appointments should be kept.
3. Emphasize that full participation in the treatment plan is the responsibility of the patient/family.
4. Discuss signs/symptoms that should prompt immediate follow-up.
5. Discuss the availability of community resources and support services and refer as appropriate.

### IMP-L      LITERATURE

**OUTCOME:** The patient/family will receive literature about impetigo.

**STANDARDS:**

1. Provide the patient/family with literature on impetigo.
2. Discuss the content of literature.

**IMP-M      MEDICATIONS**

**OUTCOME:** The patient/family will understand the purpose, proper use, and expected outcomes of prescribed drug therapy.

**STANDARDS:**

1. Describe the name, strength, purpose, dosing directions, and storage of the medication.
2. Discuss the benefits and common or important side effects of the medication and follow up as appropriate.
3. Discuss any significant drug/drug, drug/food and alcohol interactions, as appropriate.
4. Discuss the importance of full participation with the medication plan and that this is the patient's responsibility. Discuss any barriers to full participation.
5. Explain the importance of completing the full course of antibiotic therapy to prevent antibiotic resistance and to facilitate complete recovery.

**IMP-P      PREVENTION**

**OUTCOME:** The patient/family will better understand how to prevent skin infections.

**STANDARDS:**

1. Explain that certain infections can be dependent upon hygiene, social and/or environmental conditions. **Refer to HPDP-HY.**
2. Instruct the patient/family in hygiene to prevent impetigo.
  - a. Wash with soap and water every day.
  - b. Wash hands whenever they are dirty.
  - c. Keep the fingernails cut and clean.
  - d. Take care of cuts, scratches, and scrapes. Instruct to wash with soap and water.
  - e. Avoid sharing clothes, towels, toys, dishes, etc. with a person who has impetigo.
  - f. Wash all toys of the infected person with soap and water.

## **IMP-TX      TREATMENT**

**OUTCOME:** The patient/family will understand the treatment plan.

### **STANDARDS:**

1. Instruct the patient/family to keep the lesions clean and dry. Washing with an antibacterial soap is beneficial.
2. Instruct to use antibiotic ointment each time after washing, or as ordered.
3. Instruct the patient/family to change and wash clothes, bedding, towels and toys.
4. Discourage scratching sores. Inform the patient/family this can make them worse and cause spreading of the infection.
5. Instruct the patient/family to return to the clinic in 3 to 4 days or as prescribed by physician if the sores are not getting better.
6. Discuss the signs of worsening condition, e.g., increasing redness, soreness, high fever.